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IS COLLABORATIVE DIVORCE RIGHT FOR YOU?
(10 tips to help you decide)

1. I know that I will be better served in the long run if my entire family is also well served. If I have children, I want them to be in the center of this family restructuring, rather than in the middle.
2. I want to speak and act from my best self, even though sometimes my words and actions may fall short of this.
3. I want my lawyer to be a wise counselor and an engaged moral agent rather than my hired gun.
4. I am willing to be in the same room with my spouse and to speak for myself and my own legitimate self-interest with the help of one or more collaborative professionals.
5. I am open to solutions that meet both my and my spouse's needs and interests.
6. I want to make decisions affecting the future of myself and my family from a place of calm, considered wisdom, rather than from a place of anger, humiliation and fear - even though I may be experiencing those hard feelings, now and during the process of the divorce.
7. If it's possible, I would prefer a deeper resolution rather than a shallow peace.
8. I know that at times things may feel hard and uncomfortable, but I am willing to be with that discomfort and to persevere through the process.
9. I want to act ethically for myself, for my spouse and for the sake of my children.
10. After the divorce is completed, I want to be able to look back and feel good about the outcome and how I handled myself during the process.